

RECIPE

# Belila with Nutella®

Easy

1 h 0 min



## INGREDIENTS

**for 2 portions**

60g dried barley

100ml milk

30g Nutella®

10g peeled hazelnuts



To prepare this delicious recipe, 15g of Nutella® per person is enough to enjoy!

## METHOD

- 1 Wash barley then cover generously with water.
- 2 Bring to a boil and leave to simmer until barley is soft and cooked through.
- 3 In the meantime, use a pan to toast peeled hazelnuts for a couple of minutes on medium heat. Roughly chop the hazelnuts.
- 4 Serve barley in two bowls, cover with warm milk, and add Nutella® and hazelnuts on top.

\*Barley can be cooked in advance and refrigerated with its water in a sealed box.