

RECETTE

Aish Baladi Roll with Nutella®

Facile

1 h 15 min



INGREDIENTS

for 6-8 portions

300g flour

200g brown flour

20g sugar

15g dry yeast

100ml vegetable oil

200ml warm water

8g salt

120g Nutella®

100g strawberries



Avec cette délicieuse recette, il suffit de 15-g de Nutella[®] par personne pour se régaler-!



METHOD

Mix the yeast with the warm water, add the oil and let it rest for 5 minutes.

Mix the flour with the sugar and salt and add the yeast mixture. Mix well to create a soft dough.

Place the dough on your worktop and add a little oil on top of the dough to prevent dryness. Cover it and let it rest for 20 minutes.

Cut the dough in to portions of around 50 grams. Roll them down and let rest for 10 minutes.

Stretch out the dough to make it flat, place on a tray and let rest for 10 minutes. Heat your oven to 250 degrees and bake your dough for 6 to 7 min until golden, then remove from the oven.

Open the cooked bread from the middle and spread Nutella® inside. Then, roll it to create a long roll and slice it in

to individual portions. Place on a plate and decorate with strawberry slices.