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RECIPE

Nutella[®] Tropical Overnight Breakfast in a Jar





INGREDIENTS

for 4 servings

2 cups of oats

2 cups (500 mL) milk of your choice we recommend skim milk

4 tsp black chia seeds

1/4 cup diced fresh pineapple (alternatively dates can be used) 1 large banana (or 2 small) cut into small pieces

4 tbsp toasted flaked coconut

4 tbsp toasted and chopped macadamias

60g Nutella[®] (15g or 1tbsp per serve)



To prepare this delicious recipe, 15g of Nutella[®] per person is enough to enjoy!



METHOD

Place 1/2 cup oats into a 250ml Mason jar (or bowl). Pour 1/2 cup (125 mL) milk over top. Add 1 tsp chia seeds into each serving if desired. stir to combine. Repeat with remaining oats, chia seeds and milk into the other 3 jars.

Cover and refrigerate overnight or 8 hours.

Distribute even amounts of pineapple (or dates) and bananas on top.

Garnish with the flaked coconut and chopped macadamias. Finish with 1 tbsp (15g) of Nutella $^{\mathbb{R}}$.

Proud of your baking progress? We are, too!

Share your recipe with the hashtag #ExploreTheNutellaWay on social media. We'll love to see the worldwide web getting a little sweeter <3