RECIPE

Fruit 'n' Yogurt Parfait with Nutella®

Easy | 15 min

INGREDIENTS

for 4 portions

½ cup (125mL) granola

¼ cup (80mL) Nutella®

1 cup (250mL) low fat Greek yogurt (2% or less M.F.)

1 cup (250mL) assorted berries

To prepare this delicious recipe, 1 tbsp of Nutella® per person is enough to enjoy!

STEPS

1 In four parfait glasses, layer 1 tbsp of granola, 1 tbsp Nutella®, 2 tbsp of yogurt and ¼ cup berries. Top berries with an additional two tbsp of yogurt and sprinkle with remaining granola. Serve and enjoy.

Tip: Make these parfaits in small mason jars for a breakfast on the go!