

RECIPE

Focaccias with Nutella®

Medium

1 h 45 min



INGREDIENTS

for 4 portions

280 g Plain flour
6 g Salt
32 ml Olive oil
8 g Brewer's yeast
170 ml Lukewarm water
60 g Nutella® (15 g/portion)
Cooking salt to taste



To prepare this delicious recipe, 15g of Nutella® per person is enough to enjoy!



METHOD



Dissolve the brewer's yeast in the lukewarm water. Combine the flour and the salt, then add 15 ml of olive oil and the yeast dissolved in water, then mix until you have a smooth, springy dough.



Using a rolling pin, roll out the mixture to a thickness of approx. 1.5 cm. Cover it with a cloth and allow it to rise for about one hour.





Before putting it in the oven, sprinkle the surface with extra virgin olive oil and cooking salt to taste.

Cook in a pre-heated oven at 220°C for 20 minutes.



Once it has cooled down, cut the focaccia into 8 pieces and spread each one with 7 g of Nutella[®].

What a lovely couple.

It is thought that at Mediaeval weddings the bride and groom offered their guests Focaccia as a token of gratitude, though this custom is likely to have degenerated to the extent that it was banned from churches by the Bishop of Genoa. No doubt, if they had spread some Nutella® onto the Focaccia he would have been more flexible.