

RECIPE Cuccia with Nutella®

Medium

1 h 30 min



INGREDIENTS

for 6 portions

600 g Cooked wheat in jar(s) 800 g Ricotta 400 g Sugar 90 g Nutella[®] (15 g/portion) Cinnamon powder Ground pistachios to garnish



To prepare this delicious recipe, 15g of Nutella® per person is enough to enjoy!



METHOD



Prepare the cream: whisk the ricotta with the sugar until you have a very creamy, smooth, homogenous mixture. Start with an electric whisk first and then continue by hand to emulsify it further.

2

Leave the ricotta cream and the sugar to rest for half an hour. Meanwhile, drain the wheat and rinse it thoroughly under hot running water. Drain it and let it dry fully. Then add it to the ricotta cream.





3

Put the mixture into one-portion cups, add 15 g of Nutella[®] to each cup and sprinkle with cinnamon and ground pistachios.

How excitement should look!

Cuccìa is a typical dessert on the feast day of Saint Lucy and throughout Sicily it is a major ritual to make it. The name 'Cuccìa' may derive from "cucciari", eating one grain at a time. Remember to serve Cuccìa with Nutella[®].