

RECIPE

Fruit 'n' Yogurt Parfait with Nutella®

Easy

15 min



INGREDIENTS

for 4 portions

½ cup (125mL) granola

¼ cup (80mL) Nutella®

1 cup (250mL) low fat Greek yogurt (2% or less M.F.)

1 cup (250mL) assorted berries



To prepare this delicious recipe, 15g of Nutella® per person is enough to enjoy!

METHOD

1

In four parfait glasses, layer 1 tbsp. of granola, 1 tbsp., Nutella®, 2 tbsp. of yogurt and ¼ cup berries.

2

Top berries with an additional two tbsp. of yogurt and sprinkle with remaining granola. Serve and enjoy.

Tip: Make these parfaits in small mason jars for a breakfast on the go!