

RECIPE

Murtabak with Nutella®

Medium

10 Portions

45 min



Ingredients

4 Cups Bread flour

1 Egg

1 Tablespoon Unsalted butter, melted

1 Tbsp Condensed milk

11/4 Cup Water

4 Bananas

2 Tablespoons Brown Sugar

150g Nutella (15g per serving)

Fresh fruits





To prepare this delicious recipe, 15g of Nutella® per person is enough to enjoy!



Method:

Mix flour, egg, melted butter, condensed milk and water to form a dough. This can be done by hand or an electric mixer. Knead the dough for 10 minutes

Cover the dough with a damp towel and leave to rest for 10 minutes, knead for another 5 minutes

With your hands roll the dough into a thick rope and cut into 10 pieces

Rolling each piece into a ball using melted butter

Leave the dough pieces to rest overnight in the fridge

Oil the work surface with melted butter and start working and stretching the dough, try stretching the dough as thin as possible before it splits using butter to stretch

Slice the banana and spread across the dough

Fold the dough into a square, overlapping in the middle and making sure the filling is fully covered by the dough

Fry in a pan with more butter on medium heat til crisp and brown, flip and brown the other side

Decorate with Nutella and fresh fruits

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