

RECIPE

# Nutella® Overnight Oats with Fresh Berries

Easy

15 min



## INGREDIENTS

### FOR 2 PORTIONS

- 50g rolled oats
- 2 apples, grated including the skin
- 1 tbsp chia seeds
- 160g mixed berries
- 100ml unsweetened oat milk
- 150ml 0% fat Greek yoghurt
- 20g toasted hazelnuts
- 2 heaped teaspoons (30g) Nutella® - 1 heaped tsp of Nutella (15g) per portion

To prepare this delicious recipe, 15g of Nutella® per person is enough to enjoy!



## METHOD

1

In a bowl mix together the oats, apple, chia seeds, 100g mixed berries and 10g of the hazelnuts. Stir in the oat milk and 100ml of the Greek yoghurt.

2

Divide the mixed oat mixture into each jar. Cover and place in the fridge overnight.

3

To serve, remove the cover and spoon the remaining Greek yoghurt on top of each jar. Top with 15g (a heaped teaspoon) of Nutella® per jar and sprinkle with the reserved berries and nuts

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