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Sticky Buns with Apricot and Nutella[®]

Medium

3 h 50 min



INGREDIENTS

for 14 portions

For the dough:

4 cups all-purpose flour 2 eggs, beaten 1 cup milk ¼ cup granulated sugar ½ cup unsalted butter, melted and cooled 1 tbsp instant yeast 1 tsp salt

For the filling:

l cup butter, softened ½ cup brown sugar ½ cup finely chopped almonds ½ cup finely chopped dried apricots

Topping:

210g Nutella[®] – 1 heaped tsp (15g per portion)



In a large mixing bowl, combine eggs, milk, sugar and butter and mix well. Add flour, yeast and salt and mix everything together to form a dough. If the dough is too dry, add a little more warm water; if it's too wet, add a little more flour.

Knead the dough in the bowl or on a lightly floured surface until it becomes smooth and springy. Transfer to a clean, lightly oiled bowl and loosely cover with a clean, damp tea towel. Allow the dough to rise in a warm place until it roughly doubles in size – this will take about 1 hour depending on how warm the room is.



Place the dough on the floured surface and roll it out into a large rectangle about 1" in thickness. Spread the dough with the softened butter and sprinkle brown sugar evenly all over its surface. Repeat with the almonds and finely chopped apricots.



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Starting from the longest end, tightly roll the dough into itself until you end up with a long roll. Cut the roll into 14 slices.

Arrange the slices on a parchmentlined baking sheet in the shape of a Christmas tree. Cover with a damp tea towel and allow the buns to rise for a further 30 minutes.

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Pre-heat oven to 180° C. Bake for 20 minutes. Drizzle 15g of Nutella[®] on the tree to represent as garland.

Tip: The sticky buns are best served the day they are baked.